

Monthly Newsletter – APRIL 2022 Edition

Industrial Training at Tata Power-DDL

Tata Power-DDL organised 2 months industrial Training for the students pursuing Electrical trade from Sir CV Raman Industrial Training Institute, Dheerpur to meet their course curriculum and for encouraging Industry – Institute interaction. Additionally, the students are supported and mentored by Tata Power-DDL under its Tata Affirmative Action Program (TAAP). The training program was organised for 52 beneficiaries wherein the students underwent one-day Orientation session at DOSEC, followed by the training in Zones. The major training fields covered during the training period are HT/LT system, Transformers, Maintenance, Breakdowns, working of Zones and other Electrical equipment's as a part of their course curriculum. On successful completion of the training, the trainees will submit Project reports to their respective Reporting Officers at Zones in order to get their Training Certificates issued by DOSEC.

The company strives to encourage and support the youth to propel on the path of education and pave a bright future.

[Paving way for an empowered future!](#)

Sensitization Sessions for Pregnant and Lactating Mothers

Tata Power-DDL Social Impact Group under its Sanjeevani program along with Mobile Dispensaries organised various sessions with pregnant and lactating mothers in which they were sensitized about healthy diet and what to consume during prenatal and postnatal period. The sessions covered dietary patterns, nutritional supplements and other nutrition based topics relevant to pregnancy and lactation. The session laid emphasis on relationship between intake during pregnancy and outcomes for the mother and child, alignment of dietary and supplement intake with existing recommendations and factors that affect lactation and human milk composition and equity in access to nutritional care. The program was extended to more than 1500 women. The session also aimed at enhancing knowledge of the beneficiaries, creating improved access to safe and nutritious food.

[Healthy Minds, Healthy lives!](#)



Volunteer Experience Corner

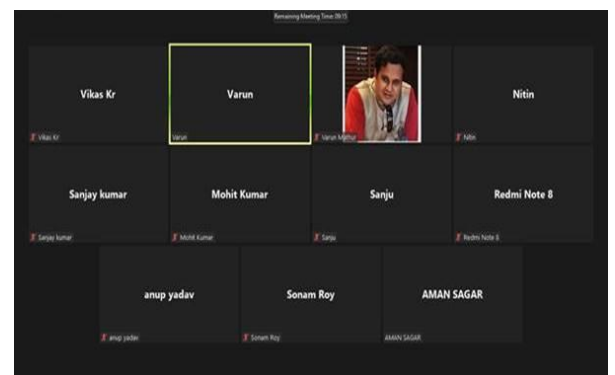
Mentor Mentee Program

Varun Mathur - Mentor

He has conducted 8 Mentor – Mentee Sessions till date (6 – previous Calendar Year and 2 in current)

Experience- My aim is to help and guide my mentees with career related skills and information such as Interview preparation, which includes - “Skills that Help” (soft skills including the importance of good communication), How to create a good resume, How to write a good E mail, business etiquettes, software skills (Microsoft Excel, Power Point and Word), important topics of relevance like Safety, Renewable energy (Solar Panels), Digitalization and a lot more.

Moreover to ensure that all mentees get maximum benefit from these sessions, I conducted small quizzes, motivated mentees to participate and gave them small token of appreciation so that others also attend with more attention and participate with full zeal.



Sustainable Development Goals



Thought of the day

“Your actions define your character, your words define your wisdom, but your treatment of others defines REAL you.”

Quiz Time!

1. How many students participated in the 2 Months Industrial Training Organized at Tata Power- DDL?
2. What did the major training fields cover?
3. Mention 2 topics covered in the Sensitization Sessions on Nutrition.

Kindly send your responses & queries at monika.tayal@tatapower-ddl.com by 28/05/2022

As a best practice, if you are conducting any self-volunteering activity, then kindly mail your experience at monika.tayal@tatapower-ddl.com, to get it published in the next edition of the SIG Newsletter.

Winners of Quiz Time for the month of March 2022

ARUSHI BHATNAGAR (HR - TD) DEEPANSHI JAIN (CWG) ANKUSH ARORA (MGP - Z-518)

Congratulations to all the winners!!

Editorial Board:

Mr. K. K. Suman, Ms. Geetanjali Tripathi, Mr. MP Suresh, Ms. Pragya Mahajan and Ms. Monika Tayal